

What style of martial arts does BMA teach?

Mr. Lavala believes that when teaching a combat “sport” that the training must translate to the street as well. Throughout the years in martial arts he took notes of what he (and his family) liked about the dojang they trained at in Las Vegas and what he had studied elsewhere. Combining various techniques from combat training systems around the world Mr. Lavala created the American Swirling Wind Federation.

The resulting system is nothing new but rather many steadfast techniques rolled into one system of training. The style, in its purest definition, is Taekwondo. This means the art of using the hands and feet. But, in reality there is Krav Maga, from Israel, Maui Tai, Silat, American Boxing, and Filipino Arnis.

This is a “hard” style that allows striking to the face, head, chest, groin and kidney area. That is why everyone under Green Belt must wear all of the required protective gear outlined by Boundary Martial Arts. When going to various regional tournaments certain strike zones are not allowed. Before any such tournament our students will be informed of any changes to their training.