

What is the age requirement at BMA?

Mr. & Mrs. Lavala have come to understand that most students under the age of 5 do not possess the mental fortitude to handle everything that is taught at the dojang. This is not to say that your child might not be the exception but to make it easier for our student management we do not allow anyone to train at Boundary Martial Arts under the age of 5.

From the age of 5 up to 8 (or close) the student will be in the Bear Foot Club. This club focuses on gross motor skills, self control and listening. The BFC students are only required to know ½ of the material taught at BMA.

At the age of 8 (or close) the student will move into the Black Belt Club. There is no age limit as older folks can adjust to what their body is able to manage. However, everyone in this club is taught the full program and can earn their Black Belt in 3 years if they do not take any breaks.